

## Quick Resource Guide

### ADVOCACY

#### **Connecticut Parent Advocacy Center (CPAC)**

**338 Main Street, Niantic, CT 06357  
(860) 739-3089**

Connecticut Parent Advocacy Center, Inc. (CPAC) is a statewide nonprofit organization that offers information and support to families of children with any disability or chronic illness, age birth through 26. The Center is committed to the idea that parents can be the most effective advocates for their children, given the confidence that knowledge and understanding of special education law and its procedures can bring.

#### **AFCAMP (African Caribbean American Parents of Children with Disabilities, Inc.)**

**60 B Weston Street  
Hartford, CT 06120  
860.548.9959**

We educate, empower and engage parents and community to improve quality of life for children with special needs and others at risk of education inequity or system involvement.

#### **Office of Protection and Advocacy for Persons with Disabilities**

**60B Weston Street Hartford, CT 06120-1551  
1-860-297-4300**

Known as OPA or simply "P&A." P&A is an independent State agency created to safeguard and advance the civil and human rights of people with disabilities in Connecticut.

#### **Commission on Human Rights and Opportunities (CHRO)**

**25 Sigourney Street, Hartford, Connecticut 06106  
860-541-3400**

The mission of the Connecticut Commission on Human Rights and Opportunities is to eliminate discrimination through civil and human rights law enforcement and to establish equal opportunity and justice for all persons within the state through advocacy and education.

#### **U.S. Department of Education - Office for Civil Rights (OCR)**

**Boston Office, Office of Civil Rights, U.S. Department of Education  
5 Post Office Square, 8th floor  
Boston, MA 02109-3921  
Telephone: (617) 289-0111 Fax: (617) 289-0150  
TDD: (877) 521-2172**

The mission of the Office for Civil Rights is to ensure equal access to education and to promote educational excellence throughout the nation through vigorous enforcement of civil rights.

#### **Office of the Healthcare Advocate**

**P.O. BOX 1543 Hartford CT, 06144  
1-866-HMO-4446 (1-866-466-4446)**

If you're not sure who to call to help you with a healthcare enrollment or coverage situation. If you need specific explanations about a benefit, program or coverage definition. If you want an assessment of the plans offered in Connecticut. If you want to review your rights and responsibilities as a healthcare plan member. If you want to better understand the referral and pre-authorization procedures required by your plan. If you need assistance with your plan's internal and external appeals processes.

#### **Office of Victims Services**

**225 Spring St., Fourth Floor Wethersfield, Connecticut  
800-822-8428**

To provide services to victims of violent crime.

#### **NAMI CT**

**576 FARMINGTON AVENUE HARTFORD, CT 06105  
Primary Phone: (860) 882-0236 Alternate Phone: (800) 215-3021**

Support, Education and Advocacy for those with mental illness and their families.

#### **SERC (The State Education Resource Center)**

**25 Industrial Park Road Middletown, CT 06457  
860-632-1485**

Library for people with disabilities.

#### **SpEd Connecticut Inc.**

**999 Asylum Avenue Hartford, CT 06105  
860-560-1711**

Non-profit advocacy agency for families of children with disabilities - works off a sliding scale.

### LEGAL AID

#### **Statewide Legal Services of Connecticut (Legal Aid)**

**Statewide: 1-800-453-3320**

**From Middletown and Hartford: 860-344-0380**

We are a legal aid advice and referral center helping low-income people solve their legal problems. We believe that everyone should have access to justice.

**Greater Hartford Legal Aid, Inc.**

**999 Asylum Ave. 3<sup>rd</sup> Floor  
860-541-5000**

Greater Hartford Legal Aid is a not-for-profit law firm whose attorneys provide clients living in poverty with free representation for civil legal issues. We advocate for equal justice for poor people, work with clients to promote social justice, and use the law to address the effects and root causes of poverty.

**STATE DEPARTMENTS**

**DCF Care Line**

**800-842-2288**

**Find Your Legislators**

<http://www.cga.ct.gov/asp/menu/cgafindleg.asp>

**State Of CT Dept. Of Developmental Services (DDS)**

**MAIN NUMBER 860-418-6000 TOLL FREE 866-737-0330**

DDS provides services, within available appropriations, including residential placement and in-home supports, day and employment programs, early intervention, family support, respite, case management, and other periodic services such as transportation, interpreter services, and clinical services.

**State Department of Mental Health and Addiction Services**

**410 Capitol Avenue, PO Box 341431 Hartford, CT 06134  
860-418-7000**

Adults (over 18 years of age) with psychiatric or substance use disorders, or both, who lack the financial means to obtain such services on their own.

**Department of Social Services**

**55 Farmington Avenue, Hartford, CT 06105  
1-855-6-CONNECT (1-855-626-6632)**

Services include: health care coverage, child support, long-term care and supports, energy assistance, food and nutrition aid, and program grants.

**CT Office of Early Childhood (OEC)**

**165 Capitol Avenue, Hartford CT 06106  
860-713-6410**

To coordinate and improve the various early childhood programs and components in the state to create a cohesive high-quality early childhood system. Provides home visiting services, funding and training to support families raising young children to ensure the children's health, well-being and positive growth and development and to prevent child abuse or neglect.

**CT Birth to Three System**

**800-505-7000**

**Family Support Line at 866-888-4188**

Do you have concerns about how a child sees, talks, hears, moves, eats, or plays?

**Department of Public Health (DPH)**

**410 Capitol Avenue, PO Box 340308, Hartford, CT 06134  
860-509-8000**

WIC, Community Health Centers (Medical Home), Lead Poisoning

**Department of Rehabilitation Services (DORS)**

**55 Farmington Avenue, Hartford, CT 06105-3730  
800-537-2549**

Vocational Rehabilitation (VR) is a program of the Bureau of Rehabilitation Services, which assists persons with significant physical or mental disabilities to prepare for, find or keep a job. Driver Training Program, Connect-Ability Staffing, Personal Assistance Services, School to Work Transition, Connecticut Tech Act Project (CTTAP), Workers' Rehabilitation Services (WRS), The Bureau of Education and Services for the Blind (BESB).

**CT State Department of Education**

**165 Capitol Avenue, Hartford, CT 06106  
860-713-6543**

Through leadership, curriculum, research, planning, evaluation, assessment, data analyses and other assistance, the Department helps to ensure equal opportunity and excellence in education for all Connecticut students. The Department also operates the Connecticut Technical High School System.

**CT Insurance Department**

**153 Market St. Hartford, CT 06103  
800-203-3447**

Provide assistance and information to the public and to policy makers, by regulating the insurance industry in a fair and efficient manner, which promotes a competitive and financially sound insurance market for consumers, and by enforcing the insurance laws to ensure that consumers are treated fairly and are protected from unfair practices.

**MISCELLANEOUS**

**Infoline/ EMPS (Emergency Mobile Psychiatric Service)**

**2-1-1**